



## Location

Please park in the West Parking structure to the west of the hospital. Enter and register at the West Desk inside the revolving door near the Emergency Room. To reach us please call (319) 369-8204. Free valet parking is available from 7:30 a.m. - 8:30 p.m., Monday - Friday.



1026 A Avenue NE | Cedar Rapids, IA 52402  
[unitypoint.org/cedarapids](http://unitypoint.org/cedarapids)

## UnityPoint Health® – St. Luke's Hospital Interventional Pain Services



*Providing minimally invasive procedures to improve and manage pain symptoms.*



# Interventional Pain Services



Living with pain can be disruptive to every aspect of your life. At UnityPoint Health – St. Luke's Hospital Interventional Pain Services, our doctors can help you:

- Reduce your pain and its severity
- Increase your activities at home and work
- Improve your quality of life

*Providing minimally invasive procedures to improve and manage pain symptoms.*

## Our doctors

Our doctors are anesthesiologists, board certified in pain management, who will review your doctor's notes, x-ray results and complete a physical assessment.

A treatment plan will then be discussed with you. We have doctors in the clinic 5 days a week as well as on call 24/7.

Patients who need interventional pain services suffer distress and discomfort caused by a variety of conditions including:

- Chronic lower back and neck pain
- Chronic head and face pain
- Pain caused by cancer
- Chronic Regional Pain Syndrome (CRPS)
- Muscle and/or bone pain
- Painful neuropathy

## Treatment options

There are a variety of minimally invasive treatment options available. Our doctors will discuss options with you.

Some options include:

- Epidural steroid injections
- Radiofrequency lesioning
- Facet injections
- Sacroiliac joint injection
- Trigger point injections
- Spinal cord stimulation trial
- Occipital nerve block

## Appointments

You will need a referral from your doctor for your initial visit.

Please arrive one hour prior to your scheduled procedure to complete pre-procedure paperwork and update your medical record.

The length of your visit is approximately two hours depending on your procedure.

You will receive a courtesy call three days before your appointment to remind you of the need for a driver, fluids and diet restrictions and medication instructions for the day of your procedure.